



HAJJ & UMRAH

Amaals to be Performed in
Makkatul Mukarramah &
Madinatul Munawwarah

TAREEQAH MUHAMMADIYAH
Leading **You** to the Footsteps
of the Prophet ﷺ

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The Ultimate Aim and Objective of Hajj and Umrah

- 1) To visit the sacred House of Allah to renew the covenant from your Lord. Oh servant of Allah , your soul has already taken a covenant and now your Physical body will be taking a promise from your Lord. When the seekers perform the Tawaf, it is as though they are making a promise to revolve their life around Lord of the Worlds and His Beloved Messenger ﷺ , not the world and its attractions. This is solely to renew your promise and to act upon the rights of your Lord and His Beloved Messenger ﷺ .
- 2) To Follow the Footsteps of the Beloved Messenger ﷺ . These are the places where Allah's Beloved spent most of his time [Makkah and Medeenah]. Don't you want to follow him and travel to the places he has spent his time. Surely where beloved has stepped are the blessed places.
- 3) To do all of this only for the pleasure of your Lord.

Guidance for Umrah and Hajj

First and foremost one should learn the Fiqh ruling pertaining to Umrah. The faraid, waajibaat sunnan and mufisidaat of umrah. Oh Servant of Allah, Verily Our Lord is the Most Supreme. Oh Servant of Allah, the key to attaining most benefit from the journey to Baitullah and His Beloved is repentance [tawbah]. The seeker should purify themselves before entering the Kaba. The seeker should reach a satisfactory level of purification before they come to visit the Kaba [Baitullah] and His Beloved ﷺ. Whomsoever is purified at a satisfactory level, they will be the ones who will gain the most fez [spritual upliftment] and blessings.

The seeker should be in the state of repentance at least five (5) days before they travel. What is meant by this is that the seeker should perform as many nafl salah of Salaahul Tawbah before they travel.

Morning and Evening Adhkars when in Makkatul Mukarramah

Oh servant of Allah, every morning and evening, when you are in the blessed City of Makkah, sit beside house of Allah (Kabah) and perform the Zikr:



اللَّهُ اللَّهُ 1 hour ایک گھنٹہ

اللَّهُ هُوَ 1 hour ایک گھنٹہ

What one should think when performing 'Allah Allah' and 'Allah Hu' dhikr

Oh servant of Allah, imagine the light of the Kabah is striking your heart. Imagine the light then expanding and illuminating your body. Imagine the evil which is inside you is disintegrating and your inner being purified in order to be in the presence of your Lord. You should ask your Lord to clean your heart so you may shine and glow like the sun, on a midday. How would one feel, when one is in the presence of their Lord? Truly call on to Him and beg for His forgiveness and you shall receive it.

Oh servant of the Merciful, your Lord wants to forgive you. If you do not ask [With true heart] you will not receive.

Methodology of Performing 'Allah Allah' and 'Allah Hu' dhikr

Oh servant of Allah, the men should recite this dhikr louder than the women. The women should sit a distance away from the men, when performing this dhikr. This will create concentration and obedience in the presence of his Lord. This dhikr should be performed in front of the Kabah. One should recite Durood 100 times before and after this dhikr.

Meditation/Munajaat Morning & Evening to be performed in Makkatul Mukarramah



Oh servant of Allah, think that you are in the presence of your Lord, prostrating with your body, mind and soul is in total submission towards your Lord. There is no one that can help you nor can you turn to anyone except your Lord. Your Lord is the most Merciful for those who submit with all his body, mind and soul. Praise your Lord as He is to be praised, ask forgiveness and He will surely forgive. Thank your Lord as He deserves to be thanked. Surely those who have true sincerity and devotion to submit will be the ones who his Lord will respond.

How one can receive the most blessings and spiritual upliftment when visiting the blessed grave of Prophet ﷺ

Oh servant of Allah, when you visit the beloved of Allah, sit as though he is sitting with you. Ask forgiveness from the lifestyle you lead as his lifestyle is to be adopted. Ask forgiveness from the deficiencies of the Sunnah that you are following. One cannot fully perfect any of the Sunnah of the Beloved Messenger of Allah ﷺ.

Oh servant of Allah, send Salaam and Durood upon Allah's Beloved ﷺ as he is to be thanked for the lifestyle he has shown you. You should recite:

درود شریف 100 times مرتبه

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 100 times مرتبه

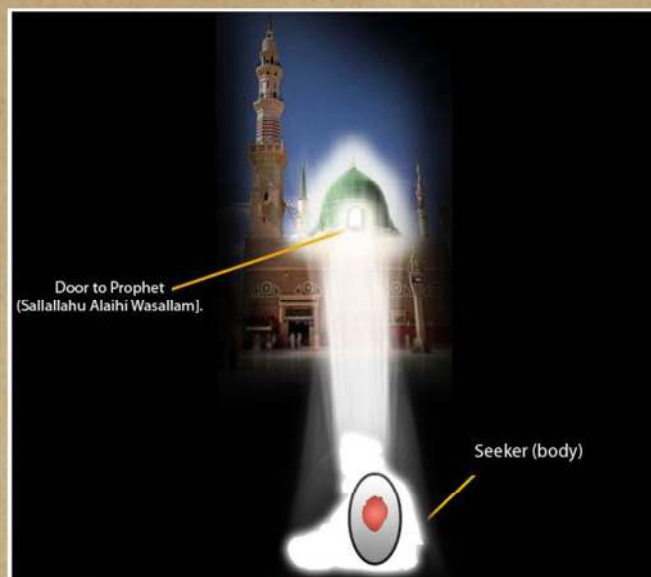
'Peace be upon O Dear Prophet'

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ نَبِيِّ الْأُمِّيِّ وَ

عَلَى آلِهِ وَصَحْبِهِ وَسَلِّمْ تَسْلِيمًا 100 times مرتبه

درود شریف 100 times مرتبه

'O Allah send salutations and everlasting peace upon our Master
The Divinely Taught Prophet Muhammad and upon his family and
his companions'



Oh servant of Allah, when you recite these amaals, imagine you are sending salaam and Durood upon the Beloved Messenger of Allah ﷺ. Imagine the blessed grave is illuminating and the light is striking your body. Then imagine His beloved is approaching you with open arms.

Those with sincerity will surely be embraced by the Beloved Messenger ﷺ

Morning and Evening Amaals to be Performed in Madeenatul Munawwarah

Oh servant of Allah, when you are in Madeenah, you should perform the following Amaals in morning and evening:

4 Rakaats Salaatut Tawbah should be performed in the manner as specified before

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ 45 mins

'Peace be upon you O Prophet'

اللَّهُمَّ يَا رَبِّ بِجَاهِ سَيِّدِنَا مُحَمَّدٍ ابْنِ عَبْدِ اللَّهِ ﷺ
اجْمَعْ بَيْنِي وَبَيْنَ سَيِّدِنَا مُحَمَّدٍ ابْنِ عَبْدِ اللَّهِ فِي

الدُّنْيَا قَبْلَ الْآخِرَةِ 30 mins

'O Allah, O Lord, by the status of Our Master Muhammad son of Abdullah peace be upon him, gather me and Our Master Muhammad son of Abdullah together in this world before hereafter [death]'

اللَّهُ أَكْبَرُ 1 hour

دُرُود شَرِيف 45 mins

Perform Salaatut Shukr, to thank your Lord what He has given you already and to thank his beloved as He has shown you the path towards your Lord.



Oh servant of Allah, when performing these Amaals, imagine the light from the sacred House of Allah travelling to Gunbade Khazarah [Green Dome]. Imagine this light then combines together and strikes your body. You should imagine that both the House of your Lord and the Gunbade Khazarah is one and you should revolve your life around your Lord and His Beloved Messenger ﷺ.

Imagine this light running through your vaines, unblocking the tunnels of darkness into light. Once the seeker has unblocked this darkness imagine you are following the footsteps of the Beloved Messenger ﷺ; step by step you finally reach another step which is non other than your master [Spiritual Guide]. He is waiting for you if you put your effort. Then imagine your Spiritual Guide is taking you through this journey towards Allah's Beloved. You should rely and trust your Master, as he is the one who will introduce you to the Beloved Messenger ﷺ. Imagine you are waiting to be introduced to Allah's Beloved ﷺ.

How much do you Love Allah's Beloved? How much have you followed his life-style? The more one puts effort to adopt the lifestyle of Allah's Beloved, he will surely be introduced with him.